

Vatsalya International School, Borsad

Std: X

Subject Enrichment Activity (2019 – 20)

Subject: English

Write a short story on the basis of the hints provided in about 150-200 words:

Heavy traffic on the road – Meenali was driving her car – two men overtook her car – ignored the men – heard a loud crash

or

Plastic pollution is poisoning our oceans and land, injuring marine life and affecting our health.

Write an article on the topic 'End Plastic Pollution' in about 150 – 200 words.

Subject: Hindi

Topic: "देश में होने वाले चुनाव का महत्व" पर 100 से 150 शब्दों में अनुच्छेद लिखिए।

Sub Topics:

- चुनाव से अभिप्राय(अर्थ)
- चुनाव का तरीका
- चुनाव में देश का योगदान
- चुनाव से होने वाले फायदे और नुकसान

Collection: EVM मशीन का रंगीन चित्र.

Note If Any: कार्य स्वच्छ एवं सुंदर होना चाहिए।

Subject: Mathematics

Measure the dimensions of at least two rooms in your home and calculate the surface area of floor and volume of the rooms.

Collection: Metric ruler or foot ruler (30 cm scale) to measure the dimensions.

Subject: Science

As summers are here and you all will be enjoying the splash out there. Discover the eight healthiest *summer foods* that are naturally good for you.

Mention about the components (proteins, vitamins, fats) they are rich in and benefits they give to keep our digestive system calm during summers.

Food item	Nutrient present	Nutritional value
For ex: yogurt/curd	Vitamins & minerals	Aids in digestion, strengthens immune system.

Note if any: You can consider *common ingredients found in most indian kitchens*.

Subject: Social Science

You have been a News Anchor. You have to attend the conference and address it with ten general points on the topic 'The importance of democracy in the development of any Nation' and 'The ongoing process of election in our Country'. Express your views as a qualified citizen of your Country.

Collection: Refer English daily/ watch English news/ converse with your elders etc.